

Martin-Gatton College of Agriculture, Food and Environment University of Kentucky

Allen County Cooperative Extension Service 200 East Main Street Scottsville, KY 42164 Phone: (270) 237-3146 Fax: (270) 237-5716

Web: https://allen.ca.uky.edu/

Monday—Friday 8:00 a.m.—4:30 p.m. (With the exception of Holidays)

Tis the Season!

4-H Clubs and Workshops are in full swing!!!

If you have not completed a NEW Green Enrollment Form since September 2025, please do so immediately. New enrollment forms are due each year to maintain up to date medical and communication information.

Check out this bi-monthly newsletter for exciting opportunities coming up in December & January!

4-H PROGRAMS DURING WINTER:

• We try our best to maintain 4-H programs as regularly schedule, but safety is our 1st priority! Use precaution, if unsafe conditions, Unna Meadon please don't come.

• If school closes due to snow/ice, our 4-H Clubs, Workshops & Activities will postpone as well. Unless notified otherwise, Club meetings will presume on the next scheduled monthly meeting.

• Extension Office closed: December 24, 2025 January 2, 2026. Office reopens on January 5th Office closed January 19th on MLK Day.



Anna Meador 4-H Youth Development Agent



Keep updated with Allen County 4-H announcements throughout the month. Text the number, 81010, entering the following message: @4hgroup3



Allowing for IN-APP NOTIFICATIONS will allow you to stay current with all announcements and reminders about club meetings, activities, opportunities and more!



This issue:

- Enrollment Reminder
- 4-H Ornaments
- 4-H Rada Cookware Sales
- 4-H Club Flyers & Dates
- Culinary Challenge Info
- Winter Clothing Drive
- Embroidery Workshop
- Cloverbud Workshop
- Pencil Drawing Workshop
- Baking w/ Buffy Workshop
- Watercolor Workshop
- Leather Workshop
- Local Gov Field Trip
- Abstract Art Workshop
- Communications Contest
- Sponsorship Drive
- 4-H Summer Camp Dates
- 4-H Camp Certificates
 - **KVF** Conference
- 4-H Summit Conference
- TSC Paper Clovers
- Country Ham Project
- Country Ham Contract
- 4-H Leadership Lock-In
- Calendars
- Fruit Crisp Recipe



Follow us at: Allen County 4-H Youth Development

Cooperative **Extension Service**

Agriculture and Natural Resources Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Lexington, KY 40506

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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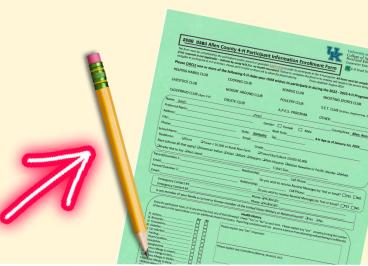




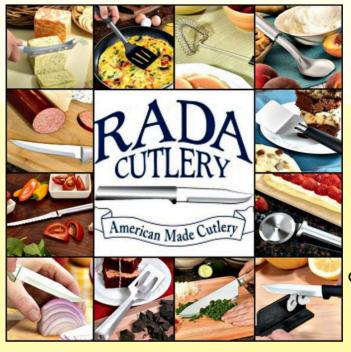
4-H Eurollments

2025 - 2026

New green Enrollment Forms were due in September... Have you submitted your new form yet???







Still looking for Christmas gifts???

Support our 4-H Senior Scholarships by purchasing from our





Check out a Rada Cutlery Magazine and/or online and place an order with the Allen County Extension Office at 200 East Main Street for proceeds to support Allen County 4-H Senior Scholarships.



ALLEN COUNTY CLUBS





Allen County Extension

2025 - 2026 CLUB DATES



Monthly Meetings

1st Thursday @ 5:30-6:30 PM **Allen County Extension Office**

One Parent/Guardian per family required to attend with Cloverbud Members

MEETING DATES:

- Oct. 2nd (large room)
- Nov. 6th (basement)
- Dec. 4th (large room)
- Jan. (no meeting)
- Feb. 5th (basement)
- March 5th (large room)
- April 2nd (large room)
- May 7th (basement)







Club Leaders: Allison Denny & **Melissa Biggs** Open to Ages: 9-18

> **MEETING DATES Thursdays**

@ 3:30-5:00 PM

at Extension Office in the **Large Room!**

- October 16th (3rd Thurs)
- November 13th
- December 11th
- January 8th
- February 12th
- March 19th (3rd Thurs)
- April 16th (3rd Thurs)
- May 14th



MONTHLY MEETING -4TH MONDAYS OF THE MONTH ALLEN COUNTY EXT. OFFICE - LARGE RM @3:30 PM-5:30 PM CLUB LED BY COUNTTNEY WHOBERY

- OCT. 27TH
- NOV. 24TH
- DEC. 15TH (3RD MON.)
- JAN. 26TH
- FEB. 23RD
- MAR. 23RD
- APRIL 27TH



Youth are welcome to ride Bus #1 to Extension Office for after school meetings @ 3:30 or 4 PM: 200 East Main St. Scottsville, KY. to school to arrange

Pre-Register Monthly, call (270) 237-3146

ALLEN COUNTY

Teen Meetings take place monthly on 2nd Mondays at 4:00 PM. Note travel schedule.

- Sept. 8th (Warren Co.)
- Oct. 13th (Allen Co.)
- Nov. 10th (Barren Co.)
- Dec. 8th (Allen Co.)
- Jan. 12th (Warren Co.)
- Feb. 9th (Allen Co.)
- Mar. 9th (Barren Co.) April 13th (Allen Co.)
- May 11th (Warren Co.)

TEENS (8TH - 12TH GARDES) NOTE: TRAVEL EVERY OTHER MONTH FOR AREA TEEN COUNCIL MEETINGS

OPEN TO ALL 4-H

Food and Environment

SEE LOCATIONS!

CONTACT YOUR AGENT ANNA TO REGISTER OR TRAVEL MEETINGS & FOR MORE DETAILS

PLEASE RSVP 1 WEEK PRIOR EACH MONTH



Youth are welcome to ride Bus#1 to Extension Office for afterschool meetings @ 3:30 or 4 PM: 200 East Main St. Scottsville, KY. **Guardian must send school note** to school to arrange.





ALLEN COUNTY

2025-2026





CLUNTEEN



MONTHLY MEETINGS 3RD TUESDAYS 6:00 PM- 7:30 PM AT EXTENSION OFFICE LOCATED IN BASEMENT

--- OPEN TO AGES 9-18 ---

- OCT. 28TH (4TH TUES.)
- NOV. 18TH
- DEC. 16TH
- JAN. 20TH
- FEB. 17TH
- MAR. 17TH
- APR. 21TH
- MAY 19TH

CLUB LEADERS: TRACI TRASKY & MADISON WOODS



"HELPING HANDS" 4-H COMMUNITY CLUB

MONTHLY MEETINGS 3:30 PM- 5:00 PM AT EXTENSION OFFICE IN BASEMENT RM

- SEPT. 4TH
- OCT. 2ND
- NOV. 6TH
- DEC. 4TH
- JAN. 8TH
- FEB. 5TH
- MAR. 5TH
- **APRIL 2ND**
- **MAY 7TH**

Ages: 9-18 (Cloverbuds welcome with adult)



Club Leader: Kristen Tabor



Youth are welcome to ride Bus # 1 to Extension Office for after-school meetings @ 3:30 or 4 PM: 200 East Main St. Scottsville, KY. Guardian must send school





• OCT. 20TH

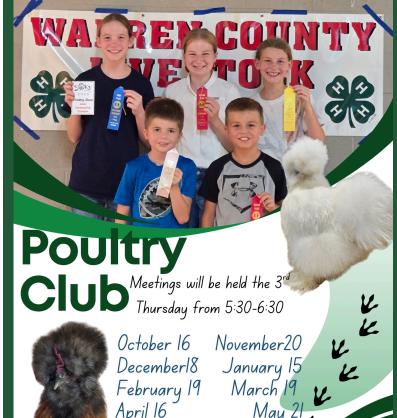
NOV. 17TH

 JAN. 19TH • FEB. 16TH

MAR. 16TH

• APRIL 20TH



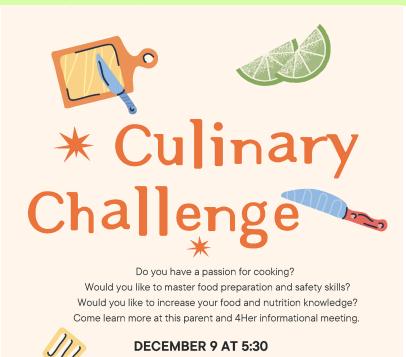




4-H CLUBS







Extension Office Conference Room





ALLEN COUNTY

4-H WORKSHOPS





CLASS

Wednesday, December 3, 2025

@ 3:30-5:30 PM



- Learn to Embroider a simple Christmas Tree
- Cost: \$5.00
- Ages: 12-18
- · Location: Allen Co. Ext. Office
- Spots limited to 1st 12 youth
- RSVP & Pay by November 26th call 270-237-3146
- Presenter: Leslie Fraim





Cost: \$10.00

Location: Allen County Extension Office Ages: Open to Cloverbuds Ages 5-8

RSVP by: 12/7 @ 270-237-3146 (Limited Spots)



WEDNESDAY JANUARY 7TH AT 3:30-5:30 PM - LARGE RM.



Baking with Buffy Baking Workshop

• Date: Wed. 12/10

• Time: 3:30 - 5:30 PM

• Ages: 5-18

• Cost: \$5.00

• **RSVP & Pay by:** 12/3

• Spots limited to 1st 15

• Location: Ext. Office -

Large Rm







4-H WORKSHOPS





· 3:30 - 5:30 PM

• Cost: \$5.00

(includes Watercolor Kit)

• Ages: 9-18

Location: Ext. Office

Spots limited

 RSVP & Pay by 1/5, call 270-237-3146

Presenter: Piper Hosay

Youth are welcome to ride Bus #
to Extension Office for afterschool meetings @ 3:30 or 4 PM
200 East Main St. Scottsville, KY



ART WORKSHOP

DATE: JAN. 21ST

• TIME: 3:30 PM - 5:30 PM

• COST: \$20.00

RSVP AND PAY: BY 1/7

TO REGISTER: CALL 270-237-3146

• LOCATION: EXT. OFFICE

• 4-H AGES: 9-18



Presenters: Jennifer and Vanous Brown





LOCAL GOV FIELD TRIP TO INCLUDE:

Youth will learn about their local government through:

- Intro to Government Lesson
- Meet Local Officials:
 - County Judge Executive, City Mayor, PVA, Planning/Zoning,
 Police & Sheriff Departments, EMS & more!
- Tour Courthouse & Judicial Buildings
- Attend City Council Meeting
- Meet & Greet Lunch with the Library
- Fun Team-Building Activity: Save Our Community!

ARRIVE BETWEEN 7:30-7:50 AM, START AT 8:00 AM FEE: \$10 COVERS LITE BREAKFAST, LUNCH & SNACKS !!! SCHOOL EXCUSED DAY - 2/9 !!!



Abstract Art

4-H Workshop

Weds Feb. Ch. 2026

0880-5:00PM-Lagorm



- Cost: \$5.00
- · Ages: 9-18,

Cloverbuds ages 5-8
Welcome with Adult

- Register & Pay by: 1/28
- Must call to register,
 270-237-3146
- Presented by Zoey
 Bequeath





4-H PROGRAMS

ALLEN COUNTY



** Allen Co. 4-H ** Communications Contest



Tues. April 14th, 2026 @ 5:30 - 7:30 PM
Allen County Extension Office

PARTICIPATE IN A FAVORITE 4-H PROJECT !!!

Call & Register by Fri. April 3rd

Please Provide:

Youth Name, Youth Birthdate & Year, 4-H Age, Contest, Title

- Speech Categories: Youth compete by 4-H Age, against others in their same 4-H Age.
- <u>Demonstration Ages</u>: Cloverbud Category Ages 5-8, Junior Category Ages 9-13,
 Senior Category Ages 14-18.
- Mock Interview Ages: 14-16 and 17-18 (Hold 4 PM 5:30 PM for Mock Interviews)

For more information or questions, contact the Allen County Extension Office at 270-237-3146 or emailing Agent Meador at anna.meador1@uky.edu







4-H PROGRAMS

KENTUCKY 4-H STATE







february 26 -28, 2026

Central Bank Convention Center and Hyatt Regency Lexington

Join us for <u>Kentucky Volunteer Forum 2026:</u>

- 1,500 Volunteers, Agents & Extension Staff In Attendance
- 24 Tracks Offered in Core 4-H, FCS, ANR, Hort. & Arts Ed Content Areas
- 210 Individual Workshops Offered to Customize your own Schedule





FIND YOUR SPARK AND BUILD FRIENDSHIPS

March 12- 14 at West Kentucky 4-H Camp

About Our Event

4-H Summit is aleadership-focused event specifically designed for middle school students (6th - 8th grade). This event aims to equip participants with essential life skills through handson, skill-based workshops that align with the Beyond Ready initiative.

JOIN US!

Event Highlights

Workshops

Participants engage in interactive sessions that cover a wide range of topics, providing practical skills that are applicable to everyday life.

Discover KY 4-H

Youth will also explore how to get involved in Kentucky 4-H through one of the seven core content areas, gaining abroader understanding of the opportunities available to them.

Service Project

An important aspect of Summit is the community service activity, which emphasizes the importance of giving back to the community.

Social Activities

4-H Summit also includes social activities such as a Pin Exchange, group campfire, cabin life, and REC RAMPAGE, a free activity time designed for fun and interaction.

CONTACT EXTENSION STAFF AT: 270-237-3146

WEBSITE extension.ca.uky.edu

2026 COUNTRY HAM

4-H PROJECT

(Prior registration required:



SAVE THE DATES

Country Ham Education Sessions (must attend 2 of 3)

- Feb. 21st, 2026 @TBA at Clifty Farms
- May 9th, 2026 @ TBA at Clifty Farms
- July 25th, 2026 @ TBA at Clifty Farms

<u>Country Ham Speech Workshop (Optional)</u>
Early August - TBA

State Country Ham & Speech Contest

August 20th, 2026 - KY State Fair, Louisville



Must compete with your finished Ham & Speech at State Fair



Contract & Registration Fee due by 12/10

4-H YOUTH DEVELOPMENT

NAME





2026 Kentucky 4-H Country Ham Project

TELEPHONE		COUNTY		_
BIRTHDATE	GRADE			
Please read each and initial you	understand the requi	irements of the project:	_	
By taking part in the count following:	try ham project, l a	am responsible for the	4-H Member initial	Parent/ Guardian Initial
Must complete 6 hours of tra	nining under the su	pervision of a certified		
Giving a 3-5-minute presentation Junior (Born 2016-2012). The differ throughout the Southeast sell wet an cured (aka City Ham) and dry cured made, flavor differences, and how the Senior (Born 2007-2011). The scient science of curing and aging country happens during aging aka the summed Please note – ALL SENIOR'S PRESTHEY WILL BE DIS-QUALIFIED AND Pay \$75.00 fee — you will receive facility until state fair—Will NOT be (failure to complete the project, fee we forfeit, if the two hams are not returned additional fee is not paid the 4-H metham project). All winning hams will be placed on	ence between wet and d dry cured hams. Discuent (aka Country Ham), incluence of curing and aging hams, including the purposer sweat, and why countrest (action of the country of the count	dry cured hams. Grocery stores as the differences between wet de differences in how they are country hams. Discuss the ase of salt, sugar, and nitrite; what my hams do not need refrigeration. AT LEAST 2 MINUTES LONG OR et o remain at County Designated als homes/facilities. I you will forfeit both hams, Upon see will be charged and if the articipate in next years' country	rill be retu	rned.
Parents Signature	Date	Completion of the 4-H Country Ham S eligible to apply for Country Ham S due July 20	cholarship,	
4-H'er Signature	Date	AGENTS NOTICE: If your county misses the July 1 deadline to certi		
	your county registration and for state fair, you will NOT be	your volu	nteer worke o participat	

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Cooperative **Extension Service**

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development





Mammoth Cave Area 4-H

2026 LEADERSHIP



LOCK-IN

Party ALL NIGHT LONG!!!

WHEN:

REGISTRATION BEGINS AT 7:00 PM FRI. JAN. 16TH @ 7:30 PM -SAT. JAN. 17TH @ 7:00 AM

WHERE:

THE CORE OF SCOTTSVILLE 309 W CHERRY ST, SCOTTSVILLE, KY

WHO:

OPEN TO 4-H YOUTH AGES 12-18
MUST HAVE COUNTY PIE FORM

COST:

\$30.00 INCLUDES: 12 HRS. OF FUN + PIZZA DINNER, SNACKS, MORE

WHAT:

WHAT TO WEAR, BRING & SCHEDULE - PAGE 2



SPOTS LIMITED TO 15 PER COUNTY

ADULT VOLUNTEERS NEEDED!!!!!



RETURN REGISTRATION FORM & FEE TO YOUR COUNTY AGENT BY:__JAN. 9TH



PARTICIPANT REGISTRATION FORM

FIRST NAM	l E :			
AGE:	<i>COUNTY:</i>	SHIRT SIZE	i	
PIZZA PRE	FERENCE: CHEESE PEPPERONI	MEAT-LOVERS _	VEGETARIAN	
FOOD ALLE	RGIES:			
OTHER ALL	ERGIES:			
<u>REGISTR.</u>	ATION CHECK-LIST:			
	REGISTRATION FORM (THIS I	FORM)		
	COUNTY ENROLLMENT FORM	(P.I.E. FORM)		
	LOCK-IN REGISTRATION FEE:	\$30.00		
	ARRANGE YOUR OWN TRANS	SPORTATION TO/FROM	EVENT	
***NOTI	E: COUNTIES MUST SUPPLY 1 WITH YOUTH MUST SEN	ADULT VOLUNTEER PER 8 D NO LESS THAN 1 ADUL	8 YOUTH. COUNTIES	



4-H CALENDARS



DECEMBER



2025

SUN	моп	TUE	WED	THU	FRI	SAT
	1	2	³ Embroidery Workshop 3:30-5:30 PM	•4 Helping Hands @ 3:30 - 5:00, Basement • Cloverbud Club @5:30 - 6:30, Large Rm	5	6
7	8 • Teen Club @ 4-8 PM - Allen County	9	Country Ham Registration Due Baking w/ Buffy Workshop @ 3:30 - 5:30 PM	11 • Art Club @ 3:30 - 5:30 PM, Large Rm	12	13
14 Happy	MCA 4-H Banquet @ 6 PM @ Corvette M. Cooking Club @ 3:30 - 5:30 PM, Large Rm	16 Horsin Around Club @ 6:00-7:00 PM, Basement	17 Santa's Little Workshop @ 3:30-5:00 PM Must RSVP!		19	20
21	22	23	24	25 MERRY CHRISTMAS Office Closed	26	27
28	29	30	31			
		Office Closed				

JANUARY



SUN	моп	TUE	WED	THU	FRI	SAT
				1 Happy New Year	2 Closed	3
4	5	6	7 Pencil Drawing Workshop 3:30-5:30 PM Must RSVP!	8 • Art Club @ 3:30 - 5:30 PM, Large Rm • Helping Hands @ 3:30 - 5:00, Basement	9	10
11	12 • Teen Club @ 4-8 PM - Warren County	13 • 4-H Council Meeting @5 PM	14 Watercolor Workshop @ 3:30-5:30 PM Must RSVP!	15 • Poultry Club @ 5:30 - 6:30 • PM Basement Rm	16 LEADERSHIP LOC	17 :K-IN
18	19 • Livestock Club @ 7-8 PM, Basement Rm	20 Horsin Around Club @ 6:00-7:00 PM, Basement	Leather Belt Workshop @ 3:30-5:30 PM Must RSVP!	22	23	24
25	26 • Cooking Club @ 3:30 - 5:30 PM,	27	28	29	30	31



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Apple Blueberry Crisp

- 4 medium-sized apples, peeled and chopped
- 2 cups blueberries, frozen or fresh
- 4 tablespoons sugar
- 2 teaspoons cornstarch
- 1 tablespoon water
- 1 teaspoon lemon juice
- 1 cup quick-cooking oats
- ½ cup all-purpose flour
- ½ cup packed brown sugar
- 1 teaspoon ground cinnamon
- ½ cup cold unsalted butter

Wash hands with soap and warm water, scrubbing for at least 20 seconds. Gently clean all produce under cool running water. Preheat oven to 375 degrees F. Place apples and blueberries in a greased 2-quart baking dish. In a small bowl, combine the sugar, cornstarch, water, and lemon juice until smooth. **Pour** over apples and blueberries. In a medium bowl, **combine** the oats, flour, brown sugar, and cinnamon. Cut butter into the flour mixture until crumbly. Sprinkle over fruit. Bake uncovered for 40 to 45 minutes or until filling is bubbly.

Yield: 14 servings. Nutrition Analysis: 180 calories, 7g total fat, 4g saturated fat, 15mg cholesterol, 0mg sodium, 28g total carbohydrate, 2g fiber, 18g total sugars, 11g added sugars, 2g protein, 0% DV vitamin D, 2% DV calcium, 6% DV iron, 2% DV potassium.

